

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

November 2022

DISTRIBUTED FREE TO OVER 8,000 HOMES & BUSINESSES
IN SILSDEN, STEETON, EASTBURN, SUTTON,
CROSSHILLS & GLUSBURN

www.airevalleymag.co.uk

Glusburn Christmas Fair and Makers Market

with Festive Pop-Up Café

Sunday 20 November 10am - 4pm

30+ Unique Stalls in Three Halls
 Christmas Hamper Prize Draw
 Family Treasure Trail

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Christmas Party Night with Soul Train and DJ Soulshack

Saturday 03 December
 Doors 7 pm | Music 8 pm - 1 am
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Christmas Film: Elf
 Friday 9 December
 Grotto 5 - 5.45 pm
 Film 6 pm


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 Booking essential

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November is the ultimate 'preparation' month. We focus on getting ready for the festive season: Order coal and logs, bake Christmas cakes, pre order stand pies and meats from the local butcher, shop for gifts, book to attend the pantomime. These are all 'feel good' activities to help get us into the seasonal spirit.

Steels of Addingham have a selection of different types of holiday itineraries from an ultimate Christmas variety experience to an elegant Cumbrian excursion.

Closer to home, The Glusburn Institute has an amazing line up of films, fairs and concerts to enjoy.

We hope your preparations all go to plan and you have a wonderful November.



Liz Barker, Editor

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IC Keighley College



December 3rd to 5th

Join Steel's for this ever popular visit which includes ticket entry, luxury accommodation and excursion – a 3 day break!

The absolute ultimate Christmas musical variety experience - staging an eclectic blend of Christmas entertainment - dancing, live music and comedy.

Hosting a pageant of spectacular colours



and outfits with a cast of over 100 performers - it's a fast-moving celebration of the festive season featuring a mix of both seasonal and year-round favourites.



Cumbrian Christmas – 23rd to 27th December

Why not let Steel's whisk you away over the festive period – a real tonic -

Not too far to travel but equally we take in the wintery postcard illuminated scenery of Cumbria, The Lake District and back down the Yorkshire Dales in our inclusive excursions.

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My name is Andrea and I manage the **Office Furniture Outlet**, situated behind the college, on Dalton Lane in Keighley. I have been running the Outlet for over 13 years and with

over 20 years' experience in the industry you can be assured you will be receiving the best possible advice and customer service along with a warm friendly welcome smile from the team.

We have a **10,000 square foot showroom** full of office furniture ranging from New, Used, factory seconds and end of line catalogue stock which includes multiple ranges of desks, storage units, meeting tables, filing cabinets, office chairs, meeting/visitor chairs and much much more. There is something for everyone here at the Outlet so we can cater for all your office needs whether it be a single desk or chair for the home office or a full office refurbishment - whatever the budget. **NO job is too big or too small.**

We also have our own fleet of transport and fitters who can **deliver and install** on site and we will even take the packaging away for you to save you the hassle.

So, if you are looking to upgrade - look no further than the Office Furniture Outlet. **We won't be beaten on price!** For a FREE No obligation quote please contact Andrea on 01535 681111 or you can email me at andrea@officefurnitureoutlet.co.uk or check out our website www.officefurnitureoutlet.co.uk or why not call into our large fully stocked showroom and have a look around.

I would also like to give a **big thank you** to all my customers for the continued business over the years and I welcome new customers to the Outlet family.

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Sudoku

1	9							3
			7		1			
8	7	6	2	3				5
5	4		1	8	6			7
		8				5		
9		3	5	6		2		8
	8		9	3	6	1		2
			8		7			
7							8	5

9		7			8	5		
			9	1				7
	4		2					6
	9			5	6	1		
6		5				3		8
		4	7	3				5
	6				4			8
4				2	1			
		2	6			4		1

7	8	4						
				7	2			
	1	2		4				6
			2	1				4
		8	4		9	5		
	2			8	7			
2				3		6	7	
			5	2				
						2	3	1

2					8			
	1	7	2			6		
			6				5	
			5	7			9	
		4				1		
	2			9	6			
	8				9			
		3			5	7	6	
			3					4

Where in the Aire Valley? COMPETITION



Where is the **red X** located in the photo to the right?

This month's prize is donated by Keighley Picture House:
Family ticket

Email your answer including your name & address to:

mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by 20th November 2022

The October competition location was Taylored Dental Care in Keighley and the winner was Christine Crowther from East Morton.

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- ✓ Limb length discrepancy
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- ✓ Ingrown toe nails
- ✓ Plantar Fasciitis
- ✓ Athletes foot
- ✓ Flat feet



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As we know from the rain and the chill in the air, it's definitely turning autumnal and almost wintry... so it seems a very good time to start looking forward to some mulled wine. Yes, it's officially nearly Christmas. Ok, it's not really, because there are still nearly two months to go (as I will keep reminding the grandchildren when they ask!), but in Railway planning terms, that is just around the corner. This year, as well as the Santa-focused **"Elf Explorer"** services, we are running over ever-popular **"Mince Pie Specials"** from Boxing Day right through to 2nd January, and we will also be hosting our new **"Mulled Wine Specials"** on select Fridays in December. The Mulled Wine specials will be accompanied by festive music, mulled wine, and a proper mince pie served to you in the comfort of your own seat in the steam heated carriages to create what we hope will become a new festive tradition.

Our volunteers love the Christmas period because - whilst it means that our team of 700+ work have to work tirelessly both in front of and behind the scenes to prepare and operate the

festive services - it gives us so much pleasure to see the beaming faces of our passengers as they meet Santa or as they enjoy their mince pie and this year their mulled wine, and is a wonderful appreciation of our many, many hours of volunteering effort. The effort continues all year round, with restoration and maintainance work continuing on the fleet of locomotives and carriages and the Railway's infrastructure through the winter period. As an example, a significant amount of work is currently being undertaken at Keighley Station, so you may well find that we have had to alter the means of accessing our platforms at various points over the coming months, so please bear with us whilst we work with Network Rail to overhaul parts of the station's buildings to prepare the Railway for another half-century of operation.

As ever, we will always be new members to the volunteer team, so please contact us if you would like to join us. *In the meantime, let me be one of the first to wish you all the best for the festive season!*

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman



MULLED WINE SPECIALS
 MULLED WINE - FESTIVE JOURNEY - MINCE PIE
 Friday 2nd, 9th & 16th of December



MINCE PIE SPECIALS
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Discover your SMILE again



Who are we?

Our Keighley Denture Expert is Joseph O'Reilly (Dip CDT RCS)

Joseph qualified from Leeds Dental Institute as a dental technician and continued to do work for some of the UK's best surgeons. Through his constant passion for his work, he then enrolled for the prestigious Clinical Dental course at the School of Dentistry University of Central Lancashire in Preston. During this time, despite his tender years, his determination and focus pushed him to be recognised as one of the youngest qualified clinical technicians in the UK being awarded a Diploma from the Royal College of Surgeons Edinburgh. Joseph has a passion for the industry, his eye for detail and careful planning ensures only the best results, giving his patients peace of mind and great clinical results. He has now been creating smiles for over 18 years He is currently working closely with Taylored Dental Care in Keighley. Assessing patients who have had problems with their dentures and providing them with options to correct these.



How can we help you?

Technology has moved on massively over the last few years as far as dentures are concerned. The fact is, you don't have to suffer badly designed or ill fitting dentures anymore.

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake,

Joseph creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face. He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Joseph will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Joe is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Joseph's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

Everybody has the right to smile!



Denture Problems Look no further...

*Would you like to be more confident?
Do you suffer from denture discomfort?
Loose or ill-fitting dentures?
Afraid to smile?*



With our clinical denture expert Joseph O'Reilly who has restored thousands of smiles - you're sure to feel more confident and be you again.

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Homeless Not Hopeless are a Keighley based charity that began in 2018 when Matthew Kiddle, who had himself been homeless, had a marvellous idea about how he could make a difference to other people's

lives. Matthew appealed on Facebook for volunteers to help him put his plan into action, and this led to 4 strangers meeting in a pub. Over the course of 4 years this has blossomed into a charity which feeds, clothes, offers advice and support to some of the most vulnerable people in the area. **Tents, hot food, toiletries, sleeping bags, sandwiches, a food bank and hot drinks are all available every Wednesday night by the arches at Forster Square in Bradford.**

Some people are grateful for a chat, some come for a hot meal and others for a pair of warm, waterproof boots. It really is the small things that make a difference. When you're at rock bottom, a small act of kindness is everything. Everyone is welcome.

Entirely run and staffed by volunteers, and wholly dependent on donations, the charity has seen a sharp rise in the number of users throughout the year. There has also been a sharp decrease in the number of donations due to the economic climate. That is why we are making this request, particularly at this time of year when our thoughts turn towards Christmas and helping others. We run a Christmas Shoebox appeal, but this time we are just asking for the contents of the boxes which

our happy band of volunteers will pack themselves and even collect from you. So, if you, your business or your club would like to put a smile on someone's face this Christmas then look on the website to see what you can donate or look for us on **Facebook @Homeless Not Hopeless**. Besides donations we are always on the lookout for volunteers to cook, volunteers to sort donations and volunteers to help on a Wednesday. Even an hour a week of your time would make a big difference to the support we can offer. Without our volunteers, and donations, we wouldn't be able to help anyone!

Finally, there is our legendary car boot sale for which we need top quality items to sell. Named, branded clothing and shoes gratefully accepted. Show someone some love this Christmas and get involved. **01535 442399 | info@hnh.org.uk | 07435 442399**

CHRISTMAS COLLECTION

Due to limited storage, please do not fill shoeboxes. Gift bags are welcome!

SUGGESTED ITEMS

Gloves • Hat • Scarf • Tissues • Lip balm • Toothbrush
Toothpaste • Wet wipes • Shower gel • Hand cream
Roll-on deodorant • Flapjack/breakfast bar • Juice carton
Hot chocolate/coffee sachets • Sweets/chocolate
Coffee shop/Greggs/supermarket voucher

LAST DAY FOR DROP-OFF

Friday 16th December 2022
Please email info@hnh.org.uk or call 07435 442399 for details

MONETARY DONATIONS ALSO ACCEPTED!

Homeless Not Hopeless
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1741 3484

THANK YOU!

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COMMUNITY PAGES

Sutton in Craven WI meet 1.30pm every second Monday of the month at Sutton in Craven Cricket Pavilion all local ladies welcome. See us on Facebook.

Wellbeing Café at Glusburn Institute Every Monday 10 am to 12 noon. Contact 01535 630223 for more details.

Keighley Tea Dance Every Monday 1 - 3pm at the Civic Hall.

First Tuesday of a month **Crosshills Goldies Sing&Smile** – St Peters Methodist Church 2 -3pm singalong to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book. Contact 01761 470006 events@golden-oldies.org.uk for more information.

Games Club Every Tuesday 1:30 - 3:30 pm. at Glusburn Institute. £2.50 per session. **Gentle Seated Exercise to Music Every Wednesday** 10:30am to 11:30am at Glusburn Institute. £4 per session. Contact Janet 07787 180202.

Steeton Bobbins WI 7pm meet on the first Tuesday of a month at St Stephen's Church Hall www.steetonbobbinswi.com.

Every Weds 1pm - 3pm **Knit & Knatter** at Keighley Library All Welcome.

3rd Sunday of a month Artisan Markets at Haworth Central Park 10 am - 3pm.

Tuesdays 10:00-12:00 from the 11th October for 8 weeks "Tea and Tablets" at Silsden Town Hall - Free lessons for senior citizens on use of Tablets, Phones or Laptops. Bring your own or try one of ours. 07802 245430.

Sat 5th Nov 10.00am - 12.00 noon St Stephen's Church Hall, Steeton, BD20 6SB. **Coffee Morning** in aid of Martin House Children's Hospice



Sun 6th Nov 10am - 4pm **Airedale Outdoor Winter Market** at Airedale Hospital, Steeton.

Sun 6th Nov 11 am - 5pm **Steeton Hall Christmas Market.** Steeton

Sun 6th Nov 10 -4 pm **Skipton Artisan Market** at Skipton Canal Basin.

Fri 11th Nov **Glusburn & Cross Hills Gardening Society** Baths Hall at Glusburn Community & Arts Centre.

Growing Orchids Indoors by Liz Groves

Sat 12th Nov 11 - 4pm **Christmas Fair** at Lothersdale Village Hall.

Sun 13th Nov 11am **Remembrance Day** Skipton High Street

Sun 20th Nov 10 -4 pm **Christmas Fair & Makers Market** Glusburn Institute.

Sun 20th Nov 2pm **Music at the Museum** Haworth Ukulele Group, Cliffe Caste, Keighley

Tues 22nd Nov 2 - 3pm Steeton Methodist Church **Steeton Goldies Sing&Smile** – fun social group where we singalong to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

Fri 25th & Sat 26th 7.15 pm 1st Kildwick & Farnhill Scout Group **70th Gang Show** at Glusburn Institute.

Sat 26th Nov and onwards **Father Christmas** is at Bolton Abbey to book visit www.boltonabbey.com.

Sat 26th Nov onwards **Elf Explorer** on the KWVR

Sat 26th 12pm **Santa Park Run** Haworth

Sat 26th & Sun 27th Nov **Sparkling Haworth**, Main Street music along the cobbles all weekend.





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Sat 26th Nov 10.00am - 1.00pm St Stephen's Church Hall, Steeton, BD20 6SB. **Christmas Fayre** Father Christmas, Hamper Draw, Stalls + children's stall, Coffee & mince pies, Christmas items.

Sun 27th Nov **Real Food Skipton Christmas Market** - Canal Basin

Sun 27th Nov 11am Great Skipton **Santa Fun Run** at Aireville Park, Skipton

Sun 27th Nov **Skipton Christmas Light switch on.**

Sun 27th Nov **Keighley Christmas Light switch on** and Christmas markets.

Sat 3rd & Sun 4th Dec **Haworth Torchlight Procession Weekend.** As the sun sets the torchlight Procession begins. When the band strikes up and the carols begin the procession slowly winds its way up the Main Street.

Sun 4th & 11th Dec 10am **Skipton Christmas Markets** on the High Street.

Fri 9th Dec 5pm **Christmas Film Elf & Santas Grotto** at Glusburn Institute.

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Pecan and gingernut chocolate salami



With festive gatherings ahead here is a simple no bake recipe from the masterful Ottolenghi kitchen; it's a real crowd pleaser and something the whole family will enjoy. You can get creative and switch up the type of biscuits, substitute other extracts or add dried fruits. Enjoy!

INGREDIENTS

90g unsalted butter, cut into 2cm cubes
 100g dark chocolate, roughly chopped
 130g milk chocolate, roughly chopped
 30g golden syrup
 1 tsp vanilla bean paste, or vanilla extract
 75ml whole milk
 1 tbsp espresso or strong brewed coffee
 200g ginger nut biscuits, roughly chopped
 100g pecans, roasted, salted and roughly chopped
 15g icing sugar

METHOD

1. Set a heatproof bowl over a pan of gently simmering water on a medium-low heat. Add the first five ingredients and cook,

stirring every now and then, until melted and combined. Remove from the heat and stir in the milk and coffee until smooth. Fold in the biscuits and nuts, then transfer to the fridge for 25 minutes, until cooled but not set.

2. Get ready a large sheet of greaseproof paper, and spoon the cooled chocolate mix on to it. Use the paper to help you roll out the chocolate into a 30cm-long x 6cm-wide log or salami shape. Twist the ends of the paper to enclose the chocolate mix, then put on a tray and refrigerate until set – about five hours. Remove from the fridge a few times during that period, and roll the salami again in its paper wrapping, so it keeps its rounded shape.

3. Sift half the icing sugar on to a large piece of greaseproof paper, then unwrap the log directly on to it. Sift the remaining sugar on top of the salami, then use your hands to rub the icing sugar all over the sides. Arrange on a wooden board, cut into slices and serve.

<https://ottolenghi.co.uk>



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The Purpose of the Purple Poppy



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During the First World War Britain conscripted over one million horses, mules, and donkeys. These animals played a crucial part in the war effort and it's unlikely the Army would have functioned without them. They pulled heavy artillery, transported supplies, weapons, and ammunition to the frontline where roads had been replaced with mud. They carried wounded and dying soldiers to hospital, and were vital in the cavalry, and as officer's mounts. But the price they paid was high. Many succumbed to fatigue and exhaustion, many were killed by artillery fire, mines, or poisoned by gas, and many caught in barbed wire and too severely injured to be saved. Of the million deployed only some sixty thousand returned.

Around 50,000 dogs were also brought into Service during that time. Many were given formal training in specialised roles, resulting in thousands of lives being saved. One of these roles was as a Red Cross, or 'mercy' dog. Carrying medical supplies and water, the dogs headed out to the battlefield to find

wounded or dying soldiers. They were taught only to recognise their own troops, and to ignore those who had already passed away. They enabled lightly injured soldiers to treat their own wounds and led them safely back to base.

In more recent times numbers have declined significantly, yet thousands of animals remain in service. Working alongside our Armed Forces, Emergency Services, Prison Officers, Border Control, Search & Rescue, and other specialised teams they continue to protect and defend us.

www.theyalsoserved.org

Facebook: [Murphy's Army Purple Poppy Campaign](#)

The purple poppy has long been a symbol of remembrance for animals but until recently was little known compared to the traditional red poppy. Many millions of animals have served us over the years, and many continue to serve us still, yet for far too long their efforts have been overlooked. That is why, seven years ago, Murphy's Army took on the role of Ambassadors of Animal Remembrance in the UK and launched their Purple Poppy Campaign. Their aim was to bring to the public's attention the contributions made by animals in service, and to ensure that they were remembered too.

Animals have played a vital role in conflicts over the years, working alongside their human counterparts, often in harrowing conditions, yet each showing incredible loyalty and bravery.



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8	4	7	6	2	3	9	5	1
5	2	4	3	1	8	6	9	7
6	1	8	2	7	9	5	3	4
9	7	3	5	6	4	2	1	8
4	8	5	9	3	6	1	7	2
2	3	1	8	5	7	4	6	9
7	6	9	1	4	2	3	8	5

9	3	7	4	6	8	5	1	2
5	2	6	9	1	3	8	4	7
1	4	8	2	7	5	9	6	3
2	9	3	8	5	6	1	7	4
6	7	5	1	4	9	3	2	8
8	1	4	7	3	2	6	5	9
7	6	1	3	9	4	2	8	5
4	8	9	5	2	1	7	3	6
3	5	2	6	8	7	4	9	1

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Tutor: Kate Ryan
Christmas Wreath making: Sat 3rd & 10th Dec. Tutor: Heidi Canon.

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